

??Confession 1

In the beginning I can just perhaps state that you are truly sorry for all these sins that you have committed.

Do not explain why you did the sin as God the father already know this. You confessing the sin because you are sorry for it and the second reason is that you want to change and not go back to the sin or at least try not to.

Example

I had 2 abortions because I fell pregnant at 16yrs and it was going to complicate my life and my boyfriend pressurized me into it

Wrong - You don't explain it justify the sin.

Correct Way:

Father I had 2 abortions, one at 14yrs and the second at 21yrs. That's all. had 50 boyfriends

You give the number say that Fr Joseph can break the soul ties of these 50 men.

You must give a number

You can say boyfriend 2

We lived together for 8yrs, and had sex many times over this period.

We also had oral & anal sex many times.

Boyfriend 2

It was adultery

Over a five year period we had sex many times.

We had oral and anal sex and also used different sex toys. We mention this as it can demonize us.

Mention if this adulteress relationship ended up in this man leaving his wife.

These are the consequences of our sins. Boyfriend 3
Was a one night stand.

Tell father if you have ever been molested and there was penetration,
this can demonize you IE Allow a spirit to enter.
Mention your anger and hatred towards the guy,
This is still sexual sins even though it was through NO fault of your own.

1. CURSES

Curses you spoke over yourself

Examples:

I'll never get married

I never pass

I'll never be happy

I will only lovefor the rest of my life.

I will never find another man like you

You bind yourself when you say this.

2. CURSES

others speaks over you.

That is your family mom, dad, boyfriends, ex's

Example You will suffer.

You will be nothing without me.

You will never be happy if you leave me.

You will be always broke.

You will always be sick if you leave me.

You will amount to nothing.

You are a loser.

3. CURSES

the curses you spoke over people.

Write them down. How to break a curse ??? Follow these steps correctly
with a contrite heart

Step 1

R - retract them or take them back all the bad words and thoughts.

Eg : The words I spoke over Mary my best friend that she will never be
happy, I take it back, and I bless her. - I REPENT of those words.

Step 2

R - I REPLACE those words that I spoke over Mary with a blessing. Ask
Forgiveness go to Confession

BLESS all of your enemies with health, wealth, prosperity, happiness and peace.

NB When people curse you it is usually your health, wealth, prosperity

Always remember to Forgive, Love and BLESS, NEVER CURSE, BLESS!

CONSULTING

When it comes to any consulting please confess this.

Give number of times you went to consult a medium, a brusher, a prophet, a sangoma, traditional healer, occult person, etc.....

Mention EVERY RITUAL DONE.

Cutting skin and putting muthi inside.

Drinking blood, drinking , eating muthi

Washing with animal or human blood, bathing with muthi

Slaughtering of animals

Doing Sacrifices, You must confess the number of times you have gone to Sangomas.

If you had a rituals done, such as being cut and having things mixed with your blood, confess every one of those times. If you think you were cut 150 times, confess it. But please pray that the Holy Spirit reveals these sins to you. If you had to wash in water/ blood or perform a ritual confess what you did. Satan will hold them against you. If you have performed a ritual confess what you did. Satan will hold them against you.

sacrifices done

Be very specific here about everything

If there are family members in the occult, Sangomas, mediums, mention it to the priest

Please don't explain why you did any sin ONLY confess it

If you had taken part in an abortion, have encourage, support abortion or even suggested that someone does it then

you must confess it. Always give the number of time of abortions as you are held accountable for each life taken. Abortion is a crime no matter if it is legal by the human law.

Big 5

If you still battling with pride, anger, hatred and unforgiveness please confess it.

If the anger and hatred is a 9 out of 10 please confess this.

10 out of 10 is very strong hatred will block your own healing so please confess it.

Remember Christ on the cross saying Father FORGIVE them for they know not what they do, so we are also expected to forgive others.

CONFESSION 2 SPIRITUAL HUSBANDS

The starting point is to deal with the stronghold of the "spiritual husband" "spiritual wife" which has its power and root in sin. Sexual sins and sexual immorality

We have to pray first and ask for guidance : ask The Holy Spirit to guide us, to reveal the Truth, everything to us.

from the Holy Spirit.

We have to do a proper and thorough examination of our conscience. Use the examination of conscience.

For me, as I was unable to speak so I had to type, write my sins out and this really made me realize the extent of my guilt, sins and the impact of each of them.

This allowed for the consciousness of sin.

I once had a priest tell me that my sin of masturbation and going to a Sangoma were not sinful, because at the time that I was committing them I was not aware that it was a sin.

Do not fall prey to that mistake, because each time we sin it doesn't matter if we were aware of it or not, a sin is a sin, by consulting we enter into a contract, an agreement with the demon and **we don't know how many demons we have contracted.**

You MUST confess each one of your consulting.

It is imperative that you go to confession as there is no way you will get healing without acknowledging that you have sinned.

I have never had an abortion but have paid for someone to have one done.

My knowledge came when I was told it was already done, but the fact that I gave that money means I partook in an abortion.

I elaborate so that you can see that sin can come in many forms.

Sometimes we contribute towards a ritual but do not partake in it, however, the devil will hold us on the money we gave for it and thus we are as guilty as those who attend it.

Take your time to prepare for the best confession of your life and do it properly.

Do not hide behind a reason for the sin, don't make excuses, just confess the sins, free yourself and get deliver and heal .

Our sins must be named and confessed regardless of how embarrassing they may be or look. The priest at the Confessional Represents Our Lord Jesus Christ, Give Him that heavy burden of your sins, check it off of your life. Don't mind the Priest or think that he will judge you, just remember and keep it in your heart that you are Confessing to Jesus Christ.

Do not hold back any sin. Because any unconfessed sin will hold back even delay your Deliverance and your Healing. Surrender Completely to God.

When that is done you must then proceed to request a Deliverance. However, in the interim, as you prepare for a deliverance you need to follow the process of forgiveness.

If she cannot forgive she will remain blocked.

It is easier said than done, but it all starts with praying for the people you hate and are angry with. Bless and forgive them.

Pray to the Holy Spirit to reveal these people to you. I was shocked to realize that I had been angry with my first boss and had held a grudge against her.

This was really only shown to me by the Holy Spirit.

You must start by making a list of the people as this also allows you to release them from her heart.

This grace can only be granted by the Holy Spirit, so ask Him for the grace.

Start blessing each name that appears on your list.

Remember that anger separates us from God.

Forgive and forgive fully. Pray without ceasing.

Anger must also be dealt with. When I speak of anger I refer to instances of rage where they said bad things about me that arose deep anger which led me to sin and retaliate.

To break souls ties

We have to break all soul ties, with all previous sex partners.

This one is tricky because we have a tendency of naming only the guys or one girl we had sex with. It goes beyond that. There partners who you only had oral sex with and you have to confess them because that does demonize you.

Confess the number of these partners, the number of time we had sexual encounters with them and break those ties.

We found out that it is helpful to wrote down the names and the times of all the sexual sins attached to them..

If you have had a marital affair confess the sin, as well as break the soul ties. Why this is all important is that you ask for the healing of your life and for your marriage again as well as the healing of all the family members hurt, especially your husband, your wife and kids, as you have stolen that time you spent with another person from them, you have no idea what impact your adultery, your sexual sins, imorality had on them.

If you have ever partaken in an orgy confess, confess, confess, I think it was Fr Joseph who said that orgies are an insult and mockery of the communion of saints and the use of their souls to praise God.

Someone once was having sex with her/his ex-boyfriend and in the middle of it all he got off and had a male prostitute proceed to rape her/his.

Try to clean your house, your body, soul, spirit out fully of the sins. Don't hold back.

If you, just like many have been raped, take the anger to confession and ask the priest to heal you from the pain of every incident of rape.

But remember to Forgive, bless, bless, bless and. Ask God to really Help you to Confess, Forgive and Bless him/her.

If you watched pornography, confess it, if you masturbated confess it, if you had created sex tapes confess it, this all sounds trivial If you watched pornography, confess it, if you masturbated confess it, if you had created sex tapes confess it, this all sounds trivial but it really does affect your life, your soul and allows the spiritual husband and wife to remain in control.

I have been blessed to attend the course on Theology of the Body and understand the beauty of the body.

Your body is where Christ Jesus dwells. It is His temple. That temple needs to be cleaned and cared for. So those sins keep desecrating the temple. Clean out His temple of the sins that dwell within.

You must confess the number of times you have gone to Sangomas. If you had a rituals done, such as being cut and having things mixed with your blood, confess every one of those times. If you think you were cut 150 times, confess it. But please pray that the Holy Spirit reveals these sins to you. If you had to wash in water/ blood or perform a ritual confess what you did. Satan will hold them against you. If you have performed a ritual confess what you did. Satan will hold them against you.

Pray for those who hurt you and love your enemy. The presence of the love of God leaves the devil with no space to fight, to resist.

Please also remember that there were saints who were enticed but did not fall, so just know it is a fight that can be won.

SO WHAT KIND OF SINS ARE MORTAL?

In order for a sin to be mortal, it must meet three conditions:

✿ ✿ Mortal sin is a SIN OF GRAVE MATTER

✿ ✿ Mortal sin is committed with FULL KNOWLEDGE of the sinner

✿ ✿ Mortal sin is committed with DELIBERATE CONSENT of the sinner

This means that mortal sins cannot be done ACCIDENTALLY.

A person who commits a mortal sin is one who knows that their sin is wrong, but still DELIBERATELY commits the sin anyway. This means that mortal sins are PREMEDITATED by the sinner and thus are truly a **rejection of God's Law and Love.**

The first condition, that a mortal sin is of grave matter, means that certain premeditated offenses against God are more severe than others. We know that some sins are graver than others e.g. it is a graver to murder someone and to lie to someone.

St. John tells us, "If anyone sees his brother sinning, if the sin is not deadly, he should pray to God and he will give him life.

This is only for those whose sin is not deadly.

There is such a thing as deadly sin, about which I do not say that you should pray.

All wrongdoing is sin, but there is sin that is not deadly." (**1 John 5:16-17**). Thus St. John distinguishes between mortal and venial sin.

Jesus also warns us that

"Anyone who does not remain in me will be thrown out like a branch and wither; people will gather them and throw them into a fire and they will be burned" (John 15:6).

What kinds of offenses against God constitute "grave matter"? the Bible, St. Paul gives us a list of grave sins. He states that anyone who commits these sins shall not enter the kingdom of God.

"Now the works of the flesh are manifest, which are these; Adultery, fornication,

uncleanness, lasciviousness,

idolatry,

witchcraft,

hatred,

variance,

emulations,

wrath,

strife,

seditions,

heresies,

envyings,

murders,

drunkenness,

revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God" (Galatians 5:19-20). Paul also tells the

Corinthians, “know you no that the unjust shall not possess the kingdom of God?

Do not err:

fornicators,

idolaters,

adulterers,

Nor the effeminate,

nor liars with mankind,

nor thieves,

nor covetous,

nor drunkards

nor railers,

nor extortioners shall possess the kingdom of God” (1 Corinthians 6:9-10).

These sins constitute grave matter, and if they are committed willingly and with full consent, constitute mortal sin.

The Church also tells us that the sins of anger, blasphemy, envy, hatred,

malice,

murder,

neglect of Sunday obligation,

sins against faith (incredulity against God or heresy),

sins against hope (obstinate despair in the hope for salvation and/or

presumption that oneself can live without God or be saved by one’s own power)

Sins against love(indifference towards charity,

ingratitude,

(hatred of God) also constitute grave matter.

This list of grave sins, is based on Jesus Christ’s interpretation of the gravity of the Ten Commandments. Grave sins can be classed as sins against God, neighbor and self, and can further be divided into carnal and spiritual sins (CCC 1853).

Four other sins are considered grave also. These sins not only offend GOD but MEN as well.

Thus these four sins are called “the sins that cry to heaven for vengeance” and are likewise mortal sins.

These grave sins are:

✝ ✝ The voluntary murder (Genesis 4:10)

✝ ✝ The sin of impurity against nature – Sodomy and homosexual relations (Genesis 18:20)

✝ ✝ Taking advantage of the poor (Exodus 2:23)

✠ ✠ Defrauding the workingman of his wages (James 5:4)

Finally, the capital sins are also considered grave matter. These sins are vices and are defined as contrary to the Christian virtues of holiness. Are pride,

avarice,

envy,

wrath,

lust,

gluttony,

and sloth (acedia).

Note from the author: For those of you who do not understand why these particular sins are of grave matter, I would suggest that you refer to the Summa Theologiae of St. Thomas Aquinas.

He does an excellent job of explaining why these sins are of grave matter, and also explores the counter-arguments and objections that some people have regarding these grave sins. A thorough listing and description of grave sins:

✠ ✠ The First Commandment, “You shall Worship the Lord Your God and him only Shall You Serve”. **Idolatry—Idolatry is the worship, veneration or belief in false gods.** Because it is a direct rejection of God, it is a grave sin (1 Corinthians 6:9-10).

Idolatry includes worship of images (This does not mean that we cannot venerate religious images.

Veneration of images such as a crucifix is veneration of the person depicted, and not the actual image in and of itself.) **Divination, magic and sorcery—This is a grave sin which includes attempting to command the powers of the occult, control or speak to demons or spirits (especially Satan), attempting to divine the future, and the use of magic charms (CCC 2116).** Deuteronomy 18:10-11 speaks against this grave sin.

✠ ✠ Sacrilege—The sin of sacrilege is a grave sin that consists of profaning or treating unworthily the sacraments and liturgical actions of the Church as well as things consecrated to God (CCC 2120). **Atheism—**Because atheistic humanism falsely seeks man and human glory and rejects God, atheism is a grave sin (CCC 2125). It is a sin against the virtue of religion. St. Paul tells us, “For the wrath of God is revealed from heaven against all unholiness and injustice of those men that detain the truth of God in injustice” (Romans 1:18).

✠ ✠ The Second Commandment, “You shall not take the name of the Lord your God in vain”

✠ ✠ Blasphemy—This grave sin is the uttering of hatred, reproach, defiance or speaking ill of God. Blasphemy against the Church, the saints and sacred things is also a grave sin (CCC 2148).

It fails to give love and respect to our Creator. **St. James speaks against sinners who “blaspheme the good name that is invoked upon you” (James 2:7).**

✠ ✠ Perjury and False Oaths—Those who take an oath in the name of the Lord and fail to keep it, or break the oath at a later date, show a grave lack of respect for the Lord of all speech (CCC 2152).

Pledging oneself to commit an evil deed is also sinful.

During his Sermon on the Mount, Jesus speaks against sinners who give false oaths (Matthew 5:33-34).

The Third Commandment, “Remember the sabbath day, to keep it holy”

✠ ✠ Deliberate failure of the Sunday obligation

The Christian Sunday (the Lord’s Day) celebrates the new life of the world born in Christ’s Resurrection.

All humans have a duty, to praise God and give him thanks.

Thus all Christians are bound to participate in the Mass, and must partake of the Eucharist at least on holy days of obligation. Deliberate failure to do this constitutes a grave sin (CCC 2181). The Fifth Commandment, “You shall not kill”

✠ ✠ Murder (intentional homicide)—Direct and intentional killing is gravely sinful (CCC 2268).

It is a sin that cries to heaven for vengeance, much like the murder of Abel at the hands of Cain.

Indirect homicide can also be of gravenature (such as refusing to help a person in danger).

However, the Church teaches that self-defense is permissible for the preservation of a one’s life.

If the attacker is mortally wounded or killed, then the death of the attacker is not a sin. Those who use unnecessary aggression in self-defense can sin mortally, if the attacker is killed or gravely injured.

Abortion—Human life begins at conception in the mother’s womb.

For God tells us, “Before I formed you in the womb I knew thee, and before you were born I consecrated you” (Jeremiah 1:5).

ABORTION IS therefore MURDER.

The oldest Christian book (besides parts of the Bible) is the Didache, a book composed by the twelve apostles or their disciples.

The Didache proclaims the ancient teaching of the Catholic Church, “You shall not kill the embryo by abortion and shall not cause the newborn to perish” (Didache 2,2).

All Catholics who procure a completed abortion or participate in execution of an abortion are automatically excommunicated from the Catholic Church (CCC 2272 and CIC Canon 1314).

✠ ✠ Euthanasia—The direct killing of the sick, handicapped, or dying, regardless of motive, is a grave sin. The will and action taken to cause a person's death is an act of murder (CCC 2277). Those who are suffering and are nearing death must be allowed to die (or recover, which is sometimes a possibility) naturally.

Administration of painkillers is permissible, provided the drugs are not willed as an end or a means to precipitate death. "Discontinuing medical procedures that are burdensome, dangerous, extraordinary, or disproportionate to the expected outcome can be legitimate; it is the refusal of 'overzealous treatment'" (CCC 2278).

In this case death is not willed, but is merely accepted as inevitable and cannot be impeded.

✠ ✠ Suicide—Suicide is murder of the self.

It is contrary to the love of God, self, family, friends and neighbors (CCC 2281).

It is of especially grave nature, if it is intended to set an example for others to follow. Voluntary cooperation in a suicide is also contrary to the moral law. However, the responsibility of and gravity of suicide can be diminished in the cases of grave psychological disturbances, anguish, grave fear of hardship, suffering, or torture.

But this does not make it morally permissible, and it is the judgement of God that will measure the gravity or responsibility of the sin.

✠ ✠ **Scandal**—**Scandal** is an attitude or behavior that leads another to do evil. If someone is deliberately lead into a grave offense, that person's tempter commits a grave sin (CCC 2284 and 2285).

Jesus said, "Whoever causes one of these little ones who believes in me to sin, it would be better for him to have a great millstone fastened round his neck and to be drowned in the depth of the sea" (Matthew 18:6).

Drug abuse—Drug abuse does grave damage to health and life and is a grave offense.

Only legitimate therapeutic use is acceptable (CCC 2290).

✚ ✚ **Gluttony—Gluttony** is an excessive love for food, and is a disordered passion for worldly appetites. Because it is contrary to the virtue of temperance, it can constitute a grave sin. Gluttony is also a capital sin (CCC 1866, 2290)

✚ ✚ **Alcohol Abuse—Alcohol** abuse can also be excessively dangerous and harmful to the body, and sometimes to neighbors (CCC 2290)..

Because it is also contrary to temperance and is a disordered passion, it is a grave sin (1 Corinthians 6:9-10).

✚ ✚ **Terrorism—Terrorism** that threatens, wounds and kills indiscriminately is of grave matter (CCC 2297). Other forms of **bodily violence** (kidnapping, hostage taking, non-medical amputations, mutilations and sterilization) are also contrary to the moral law.

✚ ✚ **Extreme Anger—”Anger** is a desire for revenge. If anger reaches the point of a deliberate desire to kill or seriously wound a neighbor, it is gravely against charity; it is a mortal sin (CCC 2302).

Christ speaks against anger saying, “Everyone who is angry with his brother shall be liable to judgement (Matthew 5:22).”

✚ ✚ **Hatred—Hatred of a neighbor is to deliberately wish him evil, and is thus a grave sin (CCC 2303 and Galatians 5:19-20).**

✚ ✚ **Extortion—Extortion** is to obtain something from another by coercion or intimidation. It is an act of violence and theft, and is condemned by 1 Corinthians 6:9-10.

✚ ✚ **The Sixth Commandment, “You shall not commit adultery”**
Adultery—Adultery is marital infidelity. A married person who has sexual relations with anyone but their lawful spouse, even transient sexual relations, commits adultery (CCC 2380).

✚ ✚ **Divorce—The grave sin of divorce** condemns those who divorce and remarry (Matthew 5:32) and those who divorce in the civil sense (except by grave dispensation).

Hence divorce between two baptized Christians is a mortal sin (CCC 2384).

✚ ✚ **Fornication—Fornication** is carnal union between an unmarried man and an unmarried woman and is a grave sin (CCC 2353).

St. Paul condemns fornication in his epistle **1 Corinthians 6:18**. All aspects of intimate contact associated with the marriage act also constitute fornication for Jesus said, “I say to you, everyone who looks

at a woman with lust has already committed adultery with her in his heart” (Matthew 9:28).

If lustful looks are adulterous, how much worse is lustful physical contact?

✿ ✿ **Pornography—Pornography** is the display of intimate real or simulated sexual acts to a third party. Because it removes the marriage act from within the sacramental sanctity of marriage, and perverts sex, it is gravely contrary to charity (CCC 2354).

The display of pornography to children and other parties is especially gravely sinful because it is gravely scandalous.

✿ ✿ **Prostitution—Prostitution** reduces a person to an instrument of sexual pleasure and lust. It is gravely contrary to charity and chastity and defiles the body, the temple of the Holy Spirit. However, destitution, blackmail or social pressure can reduce the gravity of the sin.

Still, prostitution is always a sin (CCC 2355). Rape—A person who commits rape violates the respect, freedom, physical and moral integrity of the victim. It is a brutal crime of violence that can physically and psychologically scar a person for life.

It is thus a grave sin (CCC 2356).

✿ ✿ **Homosexual acts all forms of sexual imoralities, impurities—**

Although it remains to be determined if homosexuality is a genetic, social or personal stigma, homosexual acts are condemned by God and can NEVER be approved by the Church (1 Corinthians 6:9-10, Genesis 19:1-29, Romans 1:24-27 and CCC 2357).

If homosexuals are born with the condition, then they are called to live a life of Christian purity and chastity for the greater love of Christ.

Such people can experience a life of trial, which all others must treat with compassion and sensitivity.

Incest—”Incest is intimate relations between relatives or in-laws within a degree that prohibits marriage between them” (CCC 2388).

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St. Paul condemns incest in his letter to the Corinthians (1 Corinthians 5:1,4-5). Theft—All persons have a right to lawful private property obtained by legitimate work, inheritance or gift. To violate a person’s right to property by theft is a grave sin, especially if the loss of the property will severely hurt the victim (CCC 2408). The gravity of theft is determined by the harm it does to the victim. A poor beggar who steals a loaf of bread commits a less grave sin than a rich man who steals the

savings of a destitute person. St. Paul tells us that thieves shall not inherit the kingdom of God (1 Corinthians 6:9-10).

✚ ✚ **Cheating**—A cheater defrauds his victim of their property. It is morally of grave matter unless the damage to the victim is unusually light (CCC 2413).

✚ ✚ **Defrauding a worker of his wages**—This is one of the sins that cry to heaven for vengeance. Defrauding a worker of his wages withholds and impedes his ability to sustain basic needs for himself and his family. It is a sin **that cries to heaven for** vengeance (CCC 1867).

✚ ✚ **Unfair wagers**

Unfair wagers in games of chance are of grave matter if they deprive someone of what is necessary to provide for his needs and those of others (CCC 2413).

✚ ✚ **Taking advantage of the poor**

The economic or social exploitation of the poor for profit harms the dignity and natural rights of the victim. It is a sin that cries to heaven for vengeance (CCC 1867).

✚ ✚ **The Eighth Commandment**—“You shall not bear false witness against your neighbors”

✚ ✚ **False witness and perjury**—False witness is a public statement in court that cries to heaven for vengeance (CCC 1867).

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✚ ✚ **False witness and perjury**—False witness is a public statement in court increase punishment of the accused. They are of grave matter because they contradict justice (CCC 2476).

✚ ✚ **Adulation**—**Adulation** is verbal speech or an attitude that encourages or confirms another in malicious acts and perverse conduct. It is a grave sin if it makes one an accomplice in another’s vices or grave sins (CCC 2480).

✚ ✚ **Lying**—**Lying** is the most direct offense against the truth. It is gravely sinful when it significantly degrades the truth.

The gravity of this sin is measured by the truth it perverts, the circumstances, intentions of the liar and harm done to the victims (CCC 2484). Lying is a sin that originates from the devil, Satan, who is “the father of all lies” (John 8:44).

The Ninth Commandment—“You shall not covet...your neighbor’s wife”

Lust—Lust is disordered desire for or inordinate enjoyment of sexual pleasure. It is disordered because sexual pleasure must not be isolated from its true, natural place: within the Sacrament of Matrimony that is ordered to procreation of children and a unifying love between husband and wife (CCC 2351).

Lust, a sin and vice of the flesh, is often a difficult vice to overcome. Human weakness of will and lack of conformity to God is a result of the fall of mankind that causes a disorder between soul and body (called concupiscence) which is often manifested in lust.

Yet, lust is a sin that can be overcome through prayer and grace through the Christian sacraments. Christ wills that we overcome lust and replace it with Christian love and purity of heart (Matthew 9:28). “Blessed are the pure of heart, for they shall see God” (Matthew 5:8). The Tenth Commandment—“You shall not covet...anything that is your neighbors”

☞ ☞ **Avarice—Avarice** is greed and the desire to amass earthly goods without limit.

It is a passion for riches and luxury.

Those who seek temporal happiness at the expense of spiritual duties, risk the grave sin of avarice. Avarice is one of the deadly vices (CCC 2536).

☞ ☞ **Envy—Envy**, another capital sin, is sadness at the sight of another’s goods and the immoderate desire to acquire them for oneself. Envy can lead to grave consequences and can harm neighbors.

If envy leads to grave harm to a neighbor, it is surely a grave sin.

Offenses Against Faith Voluntary doubt of faith—Voluntary doubt of faith is disregarding the revealed truth of God and his Church (CCC 2088).

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